



COURTS OPEN JANUARY 28TH - 29TH 2012

At least THREE COURTS to be AVAILABLE

a year of anticipated fun, sun & fantastic tennis.

OPEN DAY -SUNDAY FEBRUARY 19TH 2012

Don't forget the club "OPEN DAY" is to proceed from 12 noon till 5pm. An extensive postcard drop has been conducted in a 5km radius of HHTC and we anticipate that you understand that some courts will be limited on the day.

Saturday play would be a good option for those that are keen for a longer duration on the courts than normal.



WEB SITE

Coming soon to all parts of the world. Finally a web site devoted to the mission of what this club represents to our local community. At present we are in the late stages of construction with an anticipated launch date early February. Watch out !

CLUB COMMITTEE 2012

At the A.G.M the following members were elected to represent you for 2012.

President: Judy Smith

Vice Presidents:

Gunnar Korths Greg Piper Secretary: Susan Davies Treasurer: David Hall Club Captain: vacant Members: Bill lerace Nancy Telesca

Many a thank you to these individuals that are stepping down. Needless to say, without their tireless input we would have been at a loss. **Bill & Cheryl** in particular we acknowledge their efforts well beyond the call. Well done all!

Fran Barlow Tricia Hannan Cheryl Ierace Ian Kavanagh Peter McIlwaine

IT'S NEVER TOO LATE

"Today is only one day in all the days that will ever be. But what will happen in all the other days that ever come, can depend on what you do today."

- Ernest Hemingway -



CONTACT UPDATE

Have your contact details changed? Maybe your phone, address or email has altered. Please notify me immediately via greg@gregpiper.com.au for updating the records - ed.

COACHING TIPS

As the season gets under way, don't forget how important warming up can be to sustain the body in peak condition, even for those special social encounters.

Also don't forget that Anthony, our resident coach is available to help fine tune your skills and mind set. Especially for those that have sat off too long this break.

Anthony Aliperti can be contacted to arrange a one-on-one or group session by calling 0401 409 017.





CLEAN UP DAY

Once again, many thanks to the small band of (13) fellow members who spent Saturday 21st January volunteering - cleaning out the drains, weeding the gardens, sweeping the roofs, clipping the branches and manicuring the street plants.

Great effort guys as we were cut short with torrential rains late morning that brought a halt to proceedings.

Much appreciated - Bill, Cheryl, David H, Greg, Judy, John W, Gunnar, Tricia H, Trish W, Roger B, Robert, Jackie and Yvonne.







GET WELL SOON

GEORGE

ROZVANY



PRESIDENT'S TROPHY

25th March 2012

mixed doubles

nother year ahead to enjoy tennis and be a better player.

OPEN DAY -SUNDAY FEBRUARY 19TH 2012

Don't forget the club "OPEN DAY" is to proceed from 12 noon till 5pm.



WEB SITE

Count down to launch date.

Judy & Greg are fine tuning certain aspects at present, as we are in the final stages of construction with an anticipated launch date this month.

WELCOME

A warm welcome to the clubs new members Marcel Julliard and Ginette Nelson.

We anticipate that you will enjoy the comradeship, facilities and especially the tennis.

Also welcome back to the fold Sarah Fritsch (nee Ashley). Glad to see you back on the courts.

We look forward to meeting up with you all across the net very soon.

FAREWELL

Roger Auton Pablo Giancarli Kevin Middlebrook.

Our best wishes go with you all. We look forward to your speedy return soon, once other commitments or injury are behind you.

WEDDING BELLS

Congratulations to Kyri & Susan Kyriakides who married on the 12th February.

"I could not have been happier, I'm the luckiest man walking, as she is one amazing girl and looked stunning on the day" Kyri announced.



CHANGES

David Hall has had to unexpectedly resign from the position of treasurer due to unforeseen work commitments.

Any financial matters are being handled by **Judy** in the interim.

COACHING TIPS

Concentration -

Eyes - (get down to flight) Ears (listen to your racket) Knees (bend them through) Anticipation Drawing the shots

Strokes -

Taking all shots out front. Head down to level of point of impact (bow to the ball) Make sure there is a strong element of acceleration in every stroke Push through even blocked volleys Particularly drop shots. Two ways of doing these a) push through with fairly heavy slice b) push through flat.

In windy conditions and bumpy lawn courts - hit late with short backswing.

Make lobs higher in the wind even short lobs are hard to put away when the wind is blowing hard.

Anthony Aliperti can be contacted to arrange a one-on-one or group sessions by calling 0401 409 017.





HUNTERS HILL *L A VV N* Tennis Club

VOLUNTEERS

URGENTLY

NEEDED!





www.huntershilltennisclub.com.au

OPEN DAY REVIEW

On Sunday, 19th February the club entertained a number of potential new club members.

The weather was fantastic and with many existing members coming out for the sunshine, we had a very enjoyable day of tennis.

We are very keen to have new members join the club, either as full playing or midweek members.

If you know of anyone who may be interested in joining the club then please let us know.

Alternatively if you can help promote the club in any way with the aim of finding new members, it would be greatly appreciated.



WEB SITE LAUNCHED

It's now official, the club web site is up and running and looking pretty impressive. Please view and save to your favourite browser for regular updates of all special events and club information.

One thing we ask of members in the short term, is to perform repeat searches. That way our site will move rapidly up the search engine ladder.

Please promote its use, as it's now the doorway to our unique club.

We have achieved good value for our investment and we must offer our thanks to Judy, Bill and Greg for making the site finally happen, after many false starts.

Our thanks to Satya Morrison who constructed our site, as well as accommodating our numerous demands for repeated fine tuning of functionality and appearance.

ENTERTAINMENT BOOK

This book of fabulous savings will be available once again this year.

The 2012/2013 book will be available mid April and purchasing details will be on the website shortly.



VOLUNTEERS NEEDED

At present we have only 7 people running all aspects of this fine club. This creates an extra heavy workload for these members, which is then compounded if any of them are away.

Jackie and Ian have raised their hand to help with new membership and the running of the President's Trophy. However, we especially require someone to run the Club Championships later in the year as well as a new Treasurer.

Maybe you could help with one of the other Sunday social events, or one of the other tasks that would help spread the workload.

Please speak to Judy soon, if you think you might be able to help out.

BADGE

The Thursday and Saturday 2012 Autumn Badge competition has now commenced, as of last week.

Are you aware that grading for the Saturday competition has changed from past years?

What was previously Grade 1-1 is now referred to as "Premier League", grade 1-2 now effectively grade 1-1 etc.

That is, each team has automatically gone up one grade, by name only.

When you have a chance come along to the home games and give your support.

Often it's that tonic that helps lift their game.



COACHING TIPS

A Smashing Good Time:

Always make your smashes as close to the net as you possibly can get and when the wind is blowing aim for the centre of the court. If you miss by ten feet the shot is still good.

Always follow good lobs into the net, it upsets the opponent and there is better than 80% chance of making a put away smash.

Angle smashes win more points on average "Watching the ball"

90% of coaches use the wrong words to convey the above bit of advice and they all give a description that is incomplete, they leave out the most important thing. Eyes glued to the point of impact and hold till well after the ball is gone.

Pointing at the ball in serving and smashing is a good aid to ensure good "ball watching". Getting your chest up under the point of impact also gives good clean contact in these strokes. Moving your weight forward through every stroke ensures good consistent "touch".

Slices to players using heavy top spin causes them to make more errors and gives them less time and room to make attacking shots. Simply swapping shots with an opponent is never profitable unless you are certain you are at least 50% more consistent than they are.

Always remember that "percentage tennis" is a good goal. In some grades many more rallies are decided on mistakes than outright winners. Always play just good enough to win the point.

Spectacular shots look good but at the end of the day it is what goes on the result sheet that counts and puts you into the final. Good strokes are made by making the head of the racket move along the flight path of the oncoming ball.

Anthony Aliperti - 0401 409 017 - can be contacted to arrange a one-on-one or group sessions.

HUNTERS HILL *L A VV I*V Tennis club

VOLUNTEERS NEEDED!

PLEASE SPEAK WITH JUDY



For the diary Shelley's Doubles 24th June 2012 Men's & Ladies Handicapped event

View on line! www.huntershilltennisclub.com.au

MIDWEEK LADIES TENNIS BBQ.

Please come along on Tuesday 1st May and enjoy a great day with the mid week ladies BBQ luncheon which will start 12:30pm. Tennis starts at 10:30am (no charge for the BBQ).

Scotch fillet and sausages will be served with various salads, followed with desserts. BYO wine.

RSVP: Nancy asap on 0418 551 955.

In the event of rain, contact Nancy for alternative date.

We look forward to seeing you, at what is always a very successful event.



WEB SITE

Have you seen the club web site yet as it's up and running and looks pretty impressive. Please visit regularly for updates of all special events and club information.

COMINGS & GOINGS

A warm welcome to new members **Ali Carter** and **Tony Gunnis**.

Sadly we say farewell to the following - **Lyall Pryde** who has been with the club since May 1973.

Also Alison Coutts, Alf Moufarridge and Don Vas. We wish you well and hope to see you all back at some stage very soon.

IN APPRECIATION

Many thanks to **John Williamson** and grounds committee for a wonderful playing surface to date.

Also many thanks must go to **Bobby Clocchiatti** for upgrading the outdoor seating.

ENTERTAINMENT BOOK

The 2012/2013 book of fabulous savings is now available again this year.

The book can be purchased via www.huntershilltennisclub.com.au or pay Judy or Nancy directly please.



PRESIDENTS'S TROPHY

Played on Sunday 25th March, this tournament was won by **Wendy Street** & **Graeme Sticka**.

Many thanks to **Bill** and **lan** for co-ordinating this fabulous day.

With **lan** under **Bill's** wing, all went very smoothly as usual and was very much appreciated boys. Often it's the back room effort that goes unnoticed that creates such enjoyable events.

Many thanks from one and all.

A HIT & GIGGLE.

Two hunters are walking through a forest looking for deer. When all of a sudden, a giant bear jumps out and scares the crap out of them. They drop their guns and run like hell.

One of the hunters stopped, opened up his backpack and laced up a pair of tennis shoes. His buddy looked at him and said, "What are you doing? Are you crazy? You can't outrun the bear!"

To this the hunter said, "I know, all I have to do is outrun you!"

ed.

TENNIS APPAREL

In need to update your wardrobe with new shirts and caps? These are available from **Cheryl** or other committee members upon request.

COACHING TIPS

Preparing for your matches -There are some very important Do's and Don'ts to watch for:

- 1. DO NOT have a big heavy meal before a match.
- 2. DO NOT indulge in any unusual exercise before a match.
- 3. NEVER have a swim or go into a pool or surf before playing.
- 4. NEVER EVER ride a bicycle before a match.
- 5. DO NOT stay out till 3am and hope to perform on the court.
- 6. DO NOT take alcohol in any form on the day of a match.

Now some things you can do.

1. Plan the day of your important matches so that you arrive on court RELAXED AND RESTED.

Always arrive at the court at least 15 minutes before the time set down for the match to start.
Use the HIT UP time wisely - remember this time should be devoted to finding out what the court is doing to the ball, NOT what you can do to the ball.

Your strokes - bag of tricks, are already an established fact and will not be altered by banging a few flashy bullets hit straight to the opposing player at the other end of the court.

Rather than doing that you should decide very firmly that you are going to hit the ball at no more than half pace carefully watching whether the ball returned to you, slows up, skids through, comes on in flight after contact with the surface, or any other unusual caper.

Such things as heat of day, humidity, even sometimes a change in the balls you are using, can put timing way out.

Changes caused by wind and weather can be gauged in a hit up if you pay particular attention to what the court and things, other than your racquet, are doing to the ball.

However, if you are playing on lawn, you must remember that the changes from day to day, week to week, are tremendous changes and that the court played on between noon and 3 pm can be altogether different as the day wears on so you need a hit up when you return to the court remembering "what is the court doing to the ball now" is the question and play accordingly.

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www.huntershilltennisclub.com.au

SHELLEY'S DOUBLES

This annual event is on **Sunday** 24th June - 12.45 for 1pm start.

Please add your name to the board in the Clubhouse or email no later than Wednesday 20th June.

We look forward to seeing you at what is always a very successful day.

Remember it is your attendance that really makes these events worthwhile.



WEB SITE !

The club web site is up & running as mentioned previously.

Please view regularly for updates on all club special events, details & latest information.

COMINGS & GOINGS

We welcome our latest new club member **Tom Cartwright** who has been involved in many NSTA competitions - so watch out. Enjoy the tennis **Tom**!

Also a very warm welcome back to **Penny Gribble**.

ENTERTAINMENT BOOK

Purchase the 2012/2013 book of fabulous savings now by paying **Judy** directly or online via **www.huntershilltennisclub.com.au** please.



MEDIA NEWS

These past months, Judy has been placing memorabilia requests in the surrounding local and community newspapers. If you know of any material or objects d'art relating to the club's history we would love to add to our archives.



MEMBERSHIP

New memberships are still open. Now is a good time leading up to the major tennis tournaments to raise awareness of our club and its benefits.

IN APPRECIATION

Bill & Cheryl lerace are two exceptional people that have provided a long and involved association with this club.

The present committee, along with club members recognise their unselfish effort in contributing to this club's operational and financial longevity.

They joined as full playing members in 2003 following an "Open Day".

In 2004, both became members of the committee, Bill assisting with grounds and Cheryl with social events and keeping the "house" stocked with the essential supplies.

2005 saw Bill become Vice President and he continued with grounds upkeep. Cheryl maintained house + Sunday rosters.

By 2006 Bill was elevated to the position of President + continued with grounds. Cheryl maintained her commitments with house as well as the social committee.

From 2006 > 2011 both continued in those positions and contributed significantly, guiding the club to its present secure state. Especially when tennis as a whole was being aggressively pressed by other sports for membership.

In 2012 Bill steps down as President and continues as a committee member maintaining his association with the upkeep of the grounds + coordinating tennis ball purchases & resale + backup for both coaching liaison & new membership enquiries.

Also Cheryl steps down but continues her association with house matters and distribution of club clothing.

In addition both have been consistent participants in various activities such as working bees " Clean up Day", Badge competition, social BBQs and of course the end of year trophy presentations and dinner events.

In conclusion Bill & Cheryl thank you for the many hours of dedication, laughter, advice and mateship to this club and we all appreciate your incredible efforts. You have set the bench mark and we hope this will continue for the club's future.

Thank you from us all.



COACHING Anthony Aliperti - 0401 409 017 - can be contacted to arrange a one-on-one or group sessions.