



COURT TALK

APRIL 2014

RAIN, RAIN STAY AWAY!

With the weather veering dangerously closer to Winter, we all need to surround ourselves with a bunch of like-minded souls on the dancefloor and groove away the cold.

Luckily there is the opportunity to do just that with the appearance of "**The April Maze**" duo from Melbourne at our clubhouse, performing some great covers in addition to their own compositions.

If music and dance isn't your bag, we guarantee you'll find plenty of other amazing events happening just around the corner!

In the meantime extend yourself and take advantage of enjoying some great tennis either midweek or weekends.

Ed.



EVENTS

Sunday 18th May
Club 2014 Special Events entries close
 (open to all members)
Friday 23rd May
 8:00pm for 8:30pm "The April Maze"
 Social night
Tuesday 27th May
 Eve Jenkins Ladies' Doubles Entries
 close
Tuesday 17th June
 Eve Jenkins Ladies' Doubles
 Competition



IN APPRECIATION

"Judy, that is an amazing account of Mum's life. You have put so much work into it. She would have been absolutely over the moon to read it. We are very grateful for your effort and I hope someone does this for you someday. Most people playing now would have no idea what went on back in those days and I think what you have written makes for very interesting club history as well".

Love,

Lorraine Hamilton



PRESIDENT'S MESSAGE

Much has happened over the past month! Work has been completed on designing both a new club logo and new club



CLUB BADGE TEAMS 2014

Our club has entered the following six teams in the Sydney Badge competition. Hopefully the rain will allow some teams to get more than one match on the board.

clothing range. Thanks must go to **Greg Piper** and **Fiona Henshaw**, as well as the club committee for their help with these projects. Since 1990s our club has used the local council logo for club clothing, but with a new club clothing range being designed, as well as new marketing initiatives, it seemed the right time to create our club's very own logo. The logo and the clothing are based on the club colours from 1894 rulebook: green, red and silver on a predominantly white background. We are keenly awaiting the new clothing design samples all made from modern dry-fit fabrics. **Mamie McLean** has volunteered to coordinate orders and we will let you know as soon as they are available.

We warmly welcome **Roger Brittain** to our club committee who will replace **Malcolm Smith** as the Club Treasurer. Thanks Malcolm for looking after our club finances for the past 18 months and for your contributions to the Strategy meetings.

Thanks to **Wendy Street** who has volunteered to coordinate the Youth morning tea roster, and to **Sue Bate** and **Ruth Mant** who have organised the new Tuesday ladies lunch roster.

A big thanks goes to **Caroline Swan** for coordinating the ladies badge clinic that proved very popular on the Thursdays in March leading up to the start of the Badge competition. We also really appreciated

Thursday Autumn Badge

Ladies' Division 1: HH1

Judy Finlayson (C)

Wendy Street

Sarah Fritsch

Julie Cocco

Ginette Nelson

Deborah English

Liz Dossetor

Jackie Bradshaw

Ladies' Division 1: HH2

Caroline Swan (C)

Sally Stobo

Kako Yoshino

Rachel Jones

Alex Ritter

Janice Gibson

Jacque Weaver

Ladies' Division 2: HH3

Fiona Henshaw (C)

Carole Scarselletti

Nancy Telesca

Caroline Durran

Jane Cowley

Melissa Guest

Lee Adolfson

Cheryl Ierace

Ladies' Division 2: HH4

Julie-Anne Brighton (C)

Donna Underwood

Jenny Boroza

Davina Regan

Maz McCreagh

Andrea Killen

having **Sue Deller** and **Graeme Sticka** on court preparing our midweek teams.

Our club's old lawnmower is in being repaired and thanks goes to **Gunnar Korth** and **Bill Ierace** who have researched an updated replacement which we will soon purchase for the club.

All these volunteers help share the load and allow the tradition of our member run club to continue. If everyone helps in a small way the club will continue to run smoothly.

A draft copy of the **Hunters Hill Tennis Club Strategic Plan 2014-2018** is being readied to present to our members. The Plan has been developed by an eight-member Strategic Planning Committee, who have reviewed and analysed the club's operations, researched trends within the tennis and broader sporting industry, and met with midweek and full playing members in a series of focus groups. We also appreciated the written submissions we received from many members.

In a nutshell, the review found that the past committees have done an outstanding job of maintaining the club's position over the past 120 years, however, the increasingly high cost of maintaining grass tennis courts to the standard required is not sustainable under the current business model. It also found club infrastructure could be improved, through

Saturday Autumn Badge

Men's Division 2.2: HH1

Tristan Adam (C)

Chris Jones

Felix Danziger

Tim Austin

Ben Johnson

George Penney

George Rozvany

Alf Cocco

Men's Division 3.1: HH2

Tom Grozier (C)

Greg Piper

Bill Moss

Robert Bradshaw

Matt Ward

Ian Kavanagh

Daryn Vanstone



BADGE HOME GAMES

Come and support our teams in their matches this month!

Thursday 1st May

10:30am Home Badge game HH3 vs. RS4

Saturday 3rd May

2:35pm Home Badge game HH1 vs. NB5

Thursday 8th May

10:30am Home Badge games HH1 vs.

the introduction of more flexible and more durable facilities. The review also identified opportunities to increase revenue by making our club and especially our clubhouse more accessible to a broader range of users.

Another finding was that club membership is no longer as representative of the local community as it used to be. Hunters Hill has changed significantly in the last decade and will continue to change. Census data shows the fastest growing groups within our community are adults in the 35-49 year old age group and their children, as well as seniors. These age groups are under-represented in our current membership.

One of the main findings of the review was that high quality social and competitive tennis on good quality lawn tennis courts is a very important part of the Hunters Hill Tennis Club culture, and the Strategic Plan ensures this culture is preserved and that it is in fact further developed.

We will send you an email as soon as the draft plan is ready for release to members. Lastly, I encourage you to join us at the Clubhouse on **Friday May 23rd** to enjoy a fun night and the wonderful sounds of **The April Maze**. We are fortunate that this Melbourne duo have agreed to do a Sydney performance at our club, but you'll need to be quick as tickets are strictly limited and will go quickly. Thanks **Jane Cowley** for volunteering to coordinate the evening.

HH2, HH4 vs. HHClub

Saturday 10th May

12:00pm Home Badge game HH2 vs. SU11

Thursday 15th May

10:30am Home Badge games HH2 vs. RS1, HH4 vs. L2

Saturday 17th May

No home badge games

Thursday 22nd May

10:30am Home Badge games HH1 vs. R2, HH3 vs. RS6

Saturday 24th May

2:35pm Home Badge games HH1 vs. M4

Thursday 29th May

10:30am Home Badge games HH1 vs. L1



MEMBERSHIP

We warmly welcome two new full playing members to the club, **Kitty Dufficy** and **Andrew See**.

We are also very pleased to welcome the following Youth members; **Michael Afaras, Milan Krish, Sam Bencsik, Ben June, Hollie Cheung, Declan and Xavier Rickard, Ishaan Dhawan, Holly**

Sally Stobo

President



SPONSOR ANDREW

Dear club members, my name is Andrew Dossetor and my family and I are long time members of the club. I am currently undertaking a fundraiser with my school for the Leukaemia foundation and [The World's Greatest Shave](#). For this charity I am shaving my head and trying to get people to sponsor me to raise money for this great cause. I was wondering If it would be possible to put a message in next month's newsletter to see if anyone would like to sponsor me. I think it would be a great resource for raising some more money and would love to hear back as soon as possible.

Kind Regards,

Andrew Dossetor

Brooks and Georgie Martin.

Our youth membership is now full with a short waiting list.

UTS:SCIENCE

**Do you suffer from tennis elbow?
Have you always wanted to try acupuncture?
Well, here's your chance!**

A UTS research team are looking for individuals between the ages of 18 and 75 to participate in a clinical trial of acupuncture on sports-related elbow treatments.

Eligible if you:

- Have chronic lateral elbow pain for a period greater than 6 months.
- The pain occurs on only one arm.

And don't suffer from:

- Dissection of the vertebral or peripheral nervous system
- Inflammatory rheumatic diseases
- Osteoporosis
- Or if you experience a previous episode of lateral elbow pain that was treated surgically or have received:
 - Acupuncture treatment or physiotherapy for tennis elbow within the previous 6 months
 - Acupuncture treatment for any condition within the previous month
 - Conservative physiotherapy for tennis elbow

You may be eligible to participate in this research project

What's involved?
Participants of either gender, age, are allocated to acupuncture or control, all participants will be given 4 treatments over a 3 week period with a 6 week follow-up. Each treatment will consist of approximately 10 minutes, treatment will be provided to your elbow from an acupuncturist and an experienced physiotherapist and 5-min follow-up.

Cost: FREE

Location: The UTS Traditional Chinese Medicine Clinic, Corner Hyde and Thomas Streets, Ultimo.

To register or for more information, please contact Christa Hebl at Phone: 0478 666 977 or email: Christa@uts.edu.au

*This research for this study has been granted by the UTS Human Research Ethics Committee on 10/06/2016, ref: 16-001-0001

RESEARCH

Do you suffer from tennis elbow?

Tennis NSW have asked us to tell all members about this research that is being done into acupuncture and are looking for participants... [\(LINK TO DOCUMENT\)](#)



COURT MUSIC

Don't miss this performance at the clubhouse on **FRIDAY 23rd MAY** at 8:30pm **'THE APRIL MAZE'** who are a 70's inspired duo originating from Melbourne who have embraced the travelling minstrel life. Adjectives used to describe them and their music range from quirky and charming to soulful and breathtakingly beautiful.

In the words of Ausreview...they have "an originality that is exciting and inspiring to experience live...with their rich, human vocals, the live show has an amazingly full and deep sound".

Or another review from the [Sydney Morning Herald](#)

Come and hear for yourself and don't miss this rare chance to see these musicians perform in Sydney.

\$30 per ticket, strictly limited numbers, Doors 8pm, 8:30pm start, BYO, then



VISITORS

Over the Easter weekend **John Jiang Li**, the president of the Hangzhou Chengbei Gym center, Shanghai visited our club. John was visiting Australia for 10 days and interestingly found our courts by searching 'historical tennis Sydney' on Google! He was genuinely delighted to have a chance to play on real lawn courts and has extended an invitation to any of our club members who may be visiting Shanghai in the future to join him at his tennis club for a game.

His club is part of the impressive Hangzhou complex shown below.

Email sallystobo@me.com for his contact details.

coffee and cake afterwards.

Email Jane at jm_cowley@bigpond.com
to secure your ticket.



All information is correct at time of publication, however life isn't always perfect and if you pick up a mistake, please get back to me at your earliest convenience. Ed.

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You are receiving this email because you are a Member of Hunters Hill Tennis Club

Our mailing address is:

Hunters Hill Tennis Club
PO Box 2
Hunters Hill, NSW 2110
Australia

COURT TALK

MAY / JUNE 2014

TENNIS ANYONE!

With the appearance of "The April Maze" duo from Melbourne, we were transfixed and enraptured by the sound experience within our intimate space that we call home - our clubhouse.

The performing duo were well received as our review outlines.

Pity to those that missed an absolutely fabulous night.

What's next we may ask?

If music wasn't your go then what about the tennis at the Italian and French opens recently. Could you keep your eyes open to enjoy these high calibre players at their best? With Wimbledon just around the corner, a few more late nights could be ahead ?????

In the meantime extend yourself in body and soul by taking advantage of the Meditation, Yoga or Childminding sessions now on offer as detailed below.

See you on the grass.

Ed.



EVENTS

Sunday 15th June - 10.45am

Mens' Special Doubles

Tuesday 17th June

Eve Jenkins Doubles - enter [here](#) as an individual by Thursday 12th June

Sunday 22nd June - 10.45am

Mens' Special Singles

3.45pm

Members briefing for the launch of our 2014-18 Strategic Plan

Monday 23rd June

Wimbledon starts

Tuesday 24th June - 12:40pm

Members briefing for the launch of our 2014-18 Strategic plan.

Sunday 29th June - 1.00pm

Veterans Day handicapped mixed doubles. Entries close 22/6/14

Monday 30th June - 3rd July 9.30am-3.30pm

School holiday tennis camp with coach Will Myler (ph 0448 753 552)



SCHOOL HOLIDAY TENNIS CAMP

June 30th - July 3rd (Mon - Thurs) 9:30am - 3:30pm. 6-14 year olds.

\$55 per child per day.

Phone coach Will Myler for bookings on 0448 753 552.

Will is also available for private lessons for children, adults, all standards, all ages at \$75 - 1 hr. He will now also be available on Sunday mornings if any Youth Members want to arrange a private or group lesson with him.





PRESIDENT'S MESSAGE

2014-2018 STRATEGIC PLAN LAUNCH

After five months work by the 8-member strategic planning sub-committee this five year plan has now been approved by our executive committee. The plan contains many exciting initiatives that will position the club well for the future.

To launch the plan we are having two member information sessions on **Sunday 22nd June 3:45pm** and **Tuesday 24th June 12:40pm**.

Copies of the plan will be provided to those who attend and following the launch the plan will be available on the club's website.

Sally Stobo

President

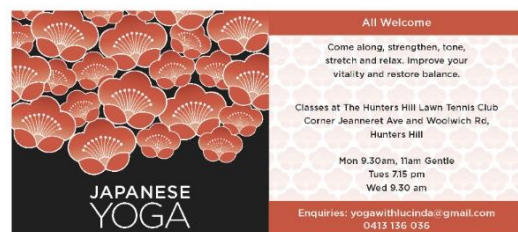
CHILD MINDING

To make our club more accessible to a wider group, the Strategic Plan has identified the need for child minding at the club.

This is now available from 10:30am - 12:30pm Tuesdays.

Please spread the word to encourage local tennis playing friends who may have little ones to try this group. \$10 per child for the morning.

Speak to Catherine to book in -
ph 0410 274 550.



JAPANESE YOGA

Classes start **JULY 14** at our clubhouse.

Mon 9:30am & 11:00am (Gentle),

Tues 7:15pm, Wed 9:30am

All Welcome.

Lucinda has recently returned from further studies with Yoga masters in Tokyo and would love to share her years of knowledge. Come and join in and stay for a delicious cup of Japanese tea offered after all her classes.

HHTC members receive a bonus two classes for each 10-class pass purchased.

All classes cater for beginners, and the gentle one on Tuesdays at 11 am caters



COURT MUSIC

The sold out performance by this Melbourne duo at our club really was a magic night. The performers exceeded all our expectations as they combined wonderful story telling with beautiful music. Jane Cowley and Caroline Swan did a tremendous job transforming the club into a supper club for the evening. Club members provided wonderful desserts. It was great to see so many members enjoy themselves as well as raise some funds for the club. Since the performance we received many thankyou emails full of praise for our club such as this one..." *Hello, I just wanted to write and say thank you for an amazing evening with The April Maze on Friday night. The atmosphere, set up and friendly organisers made it one of the best intimate music events I have ever been too. My friends also send a big thank you and Donna would like to say a special thank you for the amazing*

especially for the needs of seniors and for those recovering from illness. Come along, strengthen, tone, stretch and relax. Improve your vitality and restore your balance.



SPORTS INJURY INSURANCE

A reminder to all members that you are covered for sports injuries that occur while playing at our club, or representing our club elsewhere. Our president was generous enough to personally test this claim system out, after tearing her calf muscle recently. This insurance will cover all her out of pocket expenses for her ongoing physio until the leg is fully healed.

If you ever suffer an injury at the club, make sure you tell a committee member within 7 days so we can record it and notify Tennis NSW if you wish to make a claim.

desert that you provided her (all 3 plates full!) Your club is full of wonderful, friendly people and when I am back in Sydney I will definitely make sure I visit for a game and say hello. Thank you again and all the best,
Kristy Grimwade with Donna O'Sullivan, Mark Appleby and Mark Lyngrim”



EVE JENKINS DOUBLES

This is a Tuesday knock out competition and this year will be played all on the one day. Pairings are determined beforehand of randomly paired A and B players. The first two rounds are single regular sets. The final will be played as a pro set, being the first to 8 games, with a tiebreaker at 7 all.

Enter as an individual by emailing our club captain, Graeme gsticka@gmail.com - entries close next Thurs 12 June.



VETERAN'S DAY

Participate in this really enjoyable annual mixed handicapped event.

You enter as an individual. Play begins at 1.00pm Sunday 29th June.

Register by emailing our Club Captain, Graeme Sticka gsticka@gmail.com by 22nd June.

CLUB CHAMPIONSHIPS

Entries close Sunday 6 July.

Details are on this link to the entry form.

Register by emailing our Club Captain,
Graeme Sticka gsticka@gmail.com by
22nd June.



MEN'S SPECIAL EVENTS

Special Doubles on June 15 and Special
Singles on June 22.

Start time 10:45am.

It's not too late to enter if you're quick!

Email Graeme Sticka gsticka@gmail.com



SPONSOR ANDREW

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Kind Regards,
Andrew Dossetor

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